



Unit 8

How do you make a banana milk shake?

第二课时



Section A 1
Section A 1
2b-2d

How do we make a banana milk shake?

Peel the bananas. **Cut up** the bananas.





**Put the bananas and ice-
cream in the blender.**

Pour the milk **into** the blender.



Turn on the blender.



Drink the milk
shake.



What we need?

- I want to make some **fruit salad**.





['hʌni]
honey



['jɔʊgərt]
yogurt



[spu:n]
spoon

We need

a cup of yogurt

two spoons of honey

Listening

2a

Listen and complete the chart.



How many	bananas	apples	watermelons	oranges
How much	yogurt	honey		

2b

Listen again. Write the **ingredients** under the correct amount in the chart.



one

**Watermelon/
orange**

two

apples

three

bananas

one cup

yogurt

two spoons

honey

Pairwork

2c

Ask and answer questions about how to make fruit salad.

A: Let's make fruit salad.

B: OK, good idea. How much yogurt do we need?

A: One cup.

B: How many apples do we need?

A: Let me think... We need two apples.

B: OK, and how much honey do we need?

A: Let's see. Two spoons.

B: What else?

A: Watermelon, bananas and oranges .

B: How many bananas do we need?

A: Let me think... We need three bananas.

B: OK, and how many watermelons and oranges do we need?

A: Only one small watermelon and one orange are enough. This is going to taste great.

Anna wants to make **Russian soup** for a party on **Saturday**.



What does she need?

She needs _____



pot [pɒt]



salt [sɔ:lt]

[æd]
add some salt in
the Russian soup



Reading

2d

Read the conversation and fill in the chart below.

one	cabbage
one	onion, cabbage
three	potatoes
four	carrots
five	tomatoes
some	beef

**Read the conversation and tell
how to make the Russian soup.**

First , buy some beef, one cabbage, four carrots, three potatoes five tomatoes and one onion. **Then** , cut up the vegetables. **Next**, put the beef, carrots and potatoes into a pot and add some water. **After that**, cook them for 30 minutes. **Then** add the cabbage, tomatoes and onion and cook for another 10 minutes. **Finally**, don't forget to add some salt.

Role-play



Role-play the conversation.



How do you make Russian soup?

- 1. First, buy some beef, one cabbage, four carrots, three potatoes, five tomatoes and one onion.**
- 2. Next, cut up the vegetables.**
- 3. Then, put the beef, carrots and potatoes into a pot and add some water.**
- 4. After that, cook them for 30 minutes.**

- 5. Then add the cabbage, tomatoes and onion and cook for another 10 minutes.**
- 6. Finally, don't forget to add some salt.**



Explanation

1. **one more thing**

另外一件事情

another ten minutes

再多十分钟

“**数字 + more + 物品**” 指 “另外的……”

“**another + 数字 + 物品**” 指 “另外的……”

当数字为one时，常与more连用或只用another

Give me **two more hamburgers**.

再给我两个汉堡。

The boys rode **another two hours**.

那些男孩子们又骑了两个小时。

Do you want **one more cup of tea**?

Do you want **another cup of tea**?

你想再来杯茶吗？

2. **forget to do sth.** 忘记（去）做某事

e.g. Don't **forget to** close the windows.

不要忘记关上窗户。

Translate the phrases

- 1. 水果沙拉 • **fruit salad**
- 2. 好主意 • **good idea**
- 3. 让我想想 • **let me think**
- 4. 俄罗斯汤 • **Russian soup**
- 5. 之后 • **after that**
- 6. 再煮10分钟 • **cook for another 10 minutes**
- 7. 还有一件事 • **one more thing**

Translate the phrases

- 8. 忘记做某事 • **forget to do sth**
- 9. 植树 • **plant trees**
- 10. 做牛肉面 • **make beef noodles**
- 11. 洗衣服 • **wash clothes**
- 12. 从.....拿出..... • **take out sth from...**

Exercises

根据汉语提示填词。

1. Can you cut up (切碎) the vegetables, Tom?
2. Please add (加) some sugar to the coffee.
3. Pour the hot water into (将……倒入) the glass, please.

4. **Put** the bananas **into** (将……放进) the blender.
5. Don't **forget to do** (忘记做) your homework.

3b

Complete the questions and answers. Then match them.

- ___ 1. How do you make popcorn?
- ___ 2. How much corn do we need?
- ___ 3. What do we **do** next?
- ___ 4. How much **salt** do we need?
- ___ 5. Now can we eat it?

a. Half a cup.

b. First, put the corn into the popcorn machine.

c. Yes, we can!

d. Next, turn on the machine.

finally, add the salt.

e. Just one spoon.

Check the answers.

b 1. **How** do you make popcorn?

a 2. **How much** corn do we need?

d 3. **What** do we do next?

e 4. **How much** salt do we need?

c 5. **Now can we eat it?**

a. Half a cup.

b. First, put the corn into the popcorn machine.

c. Yes, we can!

d. Next, Turn on the machine. Finally, add the salt.

e. Just one spoon.

Talking



First, put the corn into the popcorn machine. Next, turn on the machine. Finally, add the salt. And you can eat it now.

Try to do it!

3c

Write how to do one of the following things. Then tell your partner how to do it.

plant a tree

make beef noodles

wash clothes

take out a book from the library

How to plan trees



[həʊl]

Dig a hole.

[digl]



**Put the tree in
the hole.**

**Put the soil back
into the hole.**



It's OK now.

Water the tree.

1. **add** *v.* 增加；添加

e.g. Please **add** some salt into the
soup.

请往汤里加点盐。

2. **finally** *adv.* 最后；最终

e.g. Did you **finally** win the game?

你们最终赢得了那场比赛了吗？

Writing

1. Please write how to **make fruit shake** ?
2. Please write how to **take out a book from the library**.

可以用下列表示过程的词汇来让你描述更加清晰明了。

first, next, then, ... finally...

Thank you!