# Lesson 41 Were People Healthy Then?







#### **Free Talk**

# Do you know the life of the people long ago? Can you tell something about it?

### Presentation



**First Nations** 

#### How did First Nations people look for food?



go fishing



hunt for food



play the drums

Were First Nations people happy?



pow-wow dances

Listen and answer the questions.

- 1. How did the First Nations People look for food? They went fishing and hunting for food.
- 2. What did they eat?

They ate good, natural food like fish and vegetables.

- 3. Were they healthy then?
  - Yes, they were.

Read the lesson and complete the passage with the correct words.

First Nations People came to Canada a long time ago. They went fishing and hunting for food every day. They spent a lot of time outdoors and they ate good, natural food. After a hard day of work, they often made a big fire and had pow-wow dances. Some people played the drums and others danced around the fire.

#### **Language Points**

At that time, there were no supermarkets.
 在那个时候,没有超市。



- at that time 在那个时候。表示过去时间,因此要用一
- 般过去时。time的其他短语:
- at this time 在这个时候; at the same time 同时; have a
- good time 玩得开心; all the time 一直。

- They spent a lot of time outdoors.
  他们花很多时间在户外。
  - spend 花费, 主语必须为人, 常用于结构:
  - sb. spend ... on sth.
  - sb. spend...(in) doing sth.
  - The man spends an hour on books every day.
  - =The man spends an hour (in) reading books every day.
  - 这个人每天花费1小时看书。

## Practice

翻译下列句子,每空一词



1. 很久以前,人们吃什么?
 What <u>did</u> people eat a <u>long</u> <u>time</u> <u>ago</u> ?
 2. 你每天花多长时间看电视?
 How long do you <u>spend</u> <u>watching</u> TV every day?
 3. 太冷了。我们生一堆火吧。
 It's too cold. Let's make a fire.



### Homework

## 通过本课的学习,你对以前人们的生活了解了吗? 请你比较一下和现在生活的区别吧。





# A good beginning makes a good ending. 善始者必善终。

