

# Lesson 40 Move Your Body



# Lead-in

## Free Talk

**Do you like staying home or going out?**

**What is good for you?**

# Presentation



**fresh air**



**couch**



**play outdoors**



**play computer games**



**watch TV**



**go for a walk**

**Listen and write T or F.**

**( T ) 1. Ben and Tim are good friends.**

**( F ) 2. Tim worries about Ben.**

**( T ) 3. Tim is putting on weight.**

**( T ) 4. Ben writes a poem.**



**Read and answer the questions.**

**1. What did Ben and Tim often do before(以前)?**

**They often played games outdoors.**

**2. Why does Ben worry about Tim?**

**Because Tim watches too much TV and plays too many computer games.**

**3. What does Ben send to Tim?**

**He sends him a poem.**



# Language Points



**1. But now Ben worries about Tim.**

但是现在本担心蒂姆。

**worry about sb./sth. 担心某人/某事。也可说be**

**worried about sb./sth. 为某人/某事担心，强调状态。**

**Jack's mother is worried about his study.**

杰克的妈妈为他的学习担心。

**2. He watches too much TV and plays too many computer games.**

他看了太多的电视，玩了太多的电脑游戏。

**too much** 太多，跟不可数名词。

**too many** 太多，跟可数名词复数。

**The work took me too much time.**

这份工作花了我太多时间。

# Practice

翻译下列句子，每空一词

1. 李亮体重正在增加。

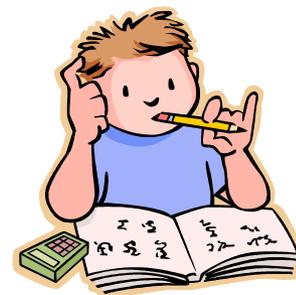
Li Liang is putting on weight.

2. 不要为我担心。

Don't worry about me.

3. 你喜欢在户外玩吗？

Do you like to play outdoors?



# Homework



朋友之间互相帮助非常重要。有没有哪个朋友曾帮过你呢？请你写下来表达对他/她的感谢吧。





# 名言警句

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Make hay while the sun shines.

勿失良机。

